

## ADULT QUESTIONNAIRE

Name \_\_\_\_\_ Date \_\_\_\_\_  
           Last                          First                          Middle

Birthdate \_\_\_\_\_ Age \_\_\_\_\_ Physician: \_\_\_\_\_

Sex \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Referred by \_\_\_\_\_

**PRESENTING PROBLEMS:**

List your difficulties or other needs we may assist you with.

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**PLEASE CIRCLE ANY OF THE FOLLOWING PROBLEMS WHICH PERTAIN TO YOU:**

- |                  |                            |                    |                   |
|------------------|----------------------------|--------------------|-------------------|
| Aggression       | Food Restriction           | Learning Problems  | Seeing Visions    |
| Alcohol Use      | Guilt                      | Loneliness         | Self Injury       |
| Anxiety          | Headaches                  | Mood Swings        | Sexual Problems   |
| Appetite Changes | Hearing Voices             | Nervousness        | Sleep Changes     |
| Binge Eating     | Homicidal Thoughts         | Nightmares         | Stomachaches      |
| Confusion        | Hopelessness               | Obsessive Thoughts | Stress            |
| Daytime Napping  | Hypersexuality             | Panic Attacks      | Suicidal Thoughts |
| Depression       | Inability to Sleep         | Paranoia           | Tiredness         |
| Dizziness        | Inattention                | Poor Memory        | Unhappiness       |
| Drug Use         | Involuntary Movement       | Purging            | Vivid Dreams      |
| Eating Problems  | Irritability               | Racing Thoughts    | Weight Gain       |
| Excessive Sleep  | Low Interest in Activities | Restlessness       | Weight Loss       |

**PSYCHIATRIC HISTORY:**

Have you ever received psychological help or counseling of any kind before? \_\_\_\_Yes \_\_\_\_No

Are you currently being treated for a psychiatric illness? \_\_\_\_Yes \_\_\_\_No

If yes, please explain: \_\_\_\_\_  
 \_\_\_\_\_

Please list all psychiatric or therapeutic treatment on either an outpatient or inpatient basis. Use the back of this form for additional space.

Date	Hospital or Clinician	Reason
_____	_____	_____
_____	_____	_____
_____	_____	_____

List any suicide attempts: \_\_\_\_\_  
 \_\_\_\_\_

Describe any traumatic events: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**MEDICAL AND SURGICAL HISTORY:**

Please list all surgical or medical treatment given you on either an outpatient or inpatient basis. Use the back of this form if necessary.

Date	Hospital/Doctor	Reason

Are you currently being treated for a medical illness? yes no  
If yes, please explain: \_\_\_\_\_

Do you have/have you had any of the following:

Overweight	High Blood Pressure	High Cholesterol	Thyroid Problems
Blood Sugar Problems	Pregnancies # _____	Live Births # _____	

List ALL MEDICATIONS you are currently taking: \_\_\_\_\_

List all psychiatric medications you have taken in the PAST (e.g. antidepressant, anxiety medication, sleeping pills, etc.):

Are you allergic to any medication or have other allergies? \_\_\_\_\_

**DRUG AND ALCOHOL HISTORY:**

List below all forms of alcohol, drugs and prescription drugs which you have ever used or abused. Use the back of this form for additional space.

Type (please circle)	Amount	First Use	Last Use
<u>Alcohol</u>			
<u>Marijuana</u>			
<u>Cocaine</u>			
<u>Methamphetamine</u>			
<u>LSD/Opiates/Heroin/IV Drugs</u>			
<u>Other:</u>			
Caffeine (coffee, soda, etc.)			
Nicotine (cigarettes, etc.) ( <u>packs per day</u> )			

Have you ever received treatment for drug and/or alcohol abuse problems? yes no  
If yes, describe: \_\_\_\_\_

**FAMILY HISTORY:**

Do you have any relatives with known or suspected psychiatric or emotional difficulties (i.e. depression, anxiety, alcohol or drug abuse, schizophrenia, learning disabilities, hyperactivity, etc?)

Mother \_\_\_\_\_

Father \_\_\_\_\_

Siblings \_\_\_\_\_

Children \_\_\_\_\_

Other \_\_\_\_\_

Has anyone related to you attempted suicide or died by suicide? \_\_\_\_\_

**MARITAL HISTORY:**

Marital Status: \_\_\_single \_\_\_separated \_\_\_living together \_\_\_married \_\_\_divorced \_\_\_other

Dates of marriage: From \_\_\_\_\_ To \_\_\_\_\_ # of years \_\_\_\_\_

Dates of other marriages: From \_\_\_\_\_ To \_\_\_\_\_ # of years \_\_\_\_\_

Dates of other marriages: From \_\_\_\_\_ To \_\_\_\_\_ # of years \_\_\_\_\_

Number of Children: \_\_\_\_\_ Biological \_\_\_\_\_ Stepchildren

**LIVING SITUATION:**

Please list people living in the home:

Name	Relationship	Age	Sex
1. _____			
2. _____			
3. _____			
4. _____			
5. _____			
6. _____			

**EDUCATIONAL HISTORY:**

High School                      Trade/Technical                      Jr. College                      College

Years Completed: \_\_\_\_\_

Did you graduate?    Yes/No                      Yes/No                      Yes/No                      Yes/No

If you dropped out before completing education, please explain: \_\_\_\_\_

How well did you do with your studies? Please explain: \_\_\_\_\_

**EMPLOYMENT HISTORY:**

Please list all employment from over the last five (5) years.

Company	Position	To	From	Reason for Leaving
_____				
_____				
_____				
_____				

**MILITARY HISTORY:**

Branch of Service	From	To	Rank	Type of Discharge
_____				

**LEGAL HISTORY:**

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