

ADULT QUESTIONNAIRE

Name _____ Date _____
 Last First Middle

Birthdate _____ Age _____ Physician: _____

Sex _____ Height: _____ Weight: _____ Referred by _____

PRESENTING PROBLEMS:

List your difficulties or other needs we may assist you with.

PLEASE CIRCLE ANY OF THE FOLLOWING PROBLEMS WHICH PERTAIN TO YOU:

- | | | | |
|------------------|----------------------------|--------------------|-------------------|
| Aggression | Food Restriction | Learning Problems | Seeing Visions |
| Alcohol Use | Guilt | Loneliness | Self Injury |
| Anxiety | Headaches | Mood Swings | Sexual Problems |
| Appetite Changes | Hearing Voices | Nervousness | Sleep Changes |
| Binge Eating | Homicidal Thoughts | Nightmares | Stomachaches |
| Confusion | Hopelessness | Obsessive Thoughts | Stress |
| Daytime Napping | Hypersexuality | Panic Attacks | Suicidal Thoughts |
| Depression | Inability to Sleep | Paranoia | Tiredness |
| Dizziness | Inattention | Poor Memory | Unhappiness |
| Drug Use | Involuntary Movement | Purging | Vivid Dreams |
| Eating Problems | Irritability | Racing Thoughts | Weight Gain |
| Excessive Sleep | Low Interest in Activities | Restlessness | Weight Loss |

PSYCHIATRIC HISTORY:

Have you ever received psychological help or counseling of any kind before? ____Yes ____No

Are you currently being treated for a psychiatric illness? ____Yes ____No

If yes, please explain: _____

Please list all psychiatric or therapeutic treatment on either an outpatient or inpatient basis. Use the back of this form for additional space.

Date	Hospital or Clinician	Reason
_____	_____	_____
_____	_____	_____
_____	_____	_____

List any suicide attempts: _____

Describe any traumatic events: _____

MEDICAL AND SURGICAL HISTORY:

Please list all surgical or medical treatment given you on either an outpatient or inpatient basis. Use the back of this form if necessary.

Date	Hospital/Doctor	Reason

Are you currently being treated for a medical illness? yes no
If yes, please explain: _____

Do you have/have you had any of the following:

Overweight	High Blood Pressure	High Cholesterol	Thyroid Problems
Blood Sugar Problems	Pregnancies # _____	Live Births # _____	

List ALL MEDICATIONS you are currently taking: _____

List all psychiatric medications you have taken in the PAST (e.g. antidepressant, anxiety medication, sleeping pills, etc.):

Are you allergic to any medication or have other allergies? _____

DRUG AND ALCOHOL HISTORY:

List below all forms of alcohol, drugs and prescription drugs which you have ever used or abused. Use the back of this form for additional space.

Type (please circle)	Amount	First Use	Last Use
<u>Alcohol</u>			
<u>Marijuana</u>			
<u>Cocaine</u>			
<u>Methamphetamine</u>			
<u>LSD/Opiates/Heroin/IV Drugs</u>			
<u>Other:</u>			
Caffeine (coffee, soda, etc.)			
Nicotine (cigarettes, etc.) (<u>packs per day</u>)			

Have you ever received treatment for drug and/or alcohol abuse problems? yes no
If yes, describe: _____

FAMILY HISTORY:

Do you have any relatives with known or suspected psychiatric or emotional difficulties (i.e. depression, anxiety, alcohol or drug abuse, schizophrenia, learning disabilities, hyperactivity, etc?)

Mother _____

Father _____

Siblings _____

Children _____

Other _____

Has anyone related to you attempted suicide or died by suicide? _____

MARITAL HISTORY:

Marital Status: ___single ___separated ___living together ___married ___divorced ___other

Dates of marriage: From _____ To _____ # of years _____

Dates of other marriages: From _____ To _____ # of years _____

Dates of other marriages: From _____ To _____ # of years _____

Number of Children: _____ Biological _____ Stepchildren

LIVING SITUATION:

Please list people living in the home:

Name	Relationship	Age	Sex
1. _____			
2. _____			
3. _____			
4. _____			
5. _____			
6. _____			

Are there firearms in the home? _____

If so, how are they secured? _____

EDUCATIONAL HISTORY:

_____ High School _____ Trade/Technical _____ Jr. College _____ College

Years Completed: _____

Did you graduate? Yes/No _____ Yes/No _____ Yes/No _____ Yes/No _____

If you dropped out before completing education, please explain: _____

How well did you do with your studies? Please explain: _____

EMPLOYMENT HISTORY:

Please list all employment from over the last five (5) years.

Company	Position	To	From	Reason for Leaving

MILITARY HISTORY:

Branch of Service From To Rank Type of Discharge

LEGAL HISTORY:
